

## Improvement Planning - Germany

(extract from D8.1 Improvement Planning Programme)

### Gesundes Werra Meissner Kreis (GWMK) - Werra Meissner Kreis, Germany

Regional partner set an improvement goal of “Improving the health and care experience of the population and unlocking monetary efficiency potential, by strengthening digital infrastructure, process coordination of self-management promotion and collaboration between local actors.” Planned activities were wide-ranging including promoting the use of digital applications for communication, telecare, prescribing quality, health promotion; capacity building for providers and patients on self-management and interprofessional collaboration; conduct regular quality improvement activities; and create a member advisory board. Implementation of these activities are intended to result in improved information flow between members, an improved digital infrastructure, empowered patients, and ultimately patient-centred integrated care.

Goal: Improving the health and care experience of the population and unlocking monetary efficiency potential, by strengthening digital infrastructure, process coordination (including by building on the work of the existing EU project ADLIFE) of self-management promotion and collaboration between local actors. - lot of missing references or abbreviations missing in this Table, some highlighted in yellow

Resources and scheduled work		Intended results			
Input	Activities	Key indicators	Short-term results	Mid-term results	Long-term results
Organisational management  Staff support (9 staff positions / 7 FTE) (+ interns, bachelors, masters, medical students = tele health guides).  Partnerships and collaborations with health insurance companies, local hospitals, EU projects (SCIROCCO, ADLIFE) <sup>1</sup> , etc. [Cooperation partner]	Training of health guides and medical students as tele-health guides  Coordination of community caregivers  Development and roll-out of network application MIGO for member communication and mapping of network health pathways  Tele-care for multimorbid patients (Thieme TeleCare)  Offer of second opinion procedure (BetterDoc)  Promotion of regional and digital opportunities  Overview of regional information-, advice-, support structures (DIGILO)	# Enrolled members  # Enrolled „Friends of GWMK“  # Network partner  # Activities on GWMK Website  # Facebook likes  # Health promoting events + # participants  # Number of trained health guides  # Number of users of MIGO	- Increased comfort and skills in using the digital platform (providers, health guides, and citizens).  Establishing and maintaining relationships with experts in digital health systems through regular exchanges (Uni Kassel, IT Netzwerk e.V., BKK WM)  -Use of data to identify target groups that can be supported by health programs as part of the corporate strategy (OptiMedis Data Request).	Information flow between network members, health guides and office is centralised via an app  An improved digital infrastructure (hardware, software, mind set) for the integrated care system  Improved cross-sector collaboration  Patients feel heard and valued in healthcare decision making (shared	Quadruple Aim  Improved health (quality of life) of the population  Improved experience of health and medical care for patient and stakeholders (facilitation of stakeholders is sufficient condition for structural change)  Lower morbidity and mortality costs (increase)  Patient-centred integrated care

<sup>1</sup> For more information on SCIROCCO, please read the introduction to this document or visit this website: <https://www.sciroccoexchange.com/>  
 For more information on ADLIFE, please visit: <https://adlifeproject.com/>

<p>Shared savings contract based on health benefits as incentive structure.</p> <p>Third-party funding of projects (SCIROCCO, AD-LIFE, Community Caregiver)</p> <p>Network partnerships with local actors + individualised defined services of network partners for network members [network partners].</p> <p>Emergence of a new professional profile [health guides].</p>	<p>Overview of national information- and advice structures (More Knowledge)</p> <p>Health promoting (online) courses (network partner cooperation)</p> <p>Public health campaigns (8.000 steps)</p> <p>Negotiation of health-promoting discounts</p> <p>Medication consults for pharmacists and physicians</p> <p>Workplace health promotion &amp; management</p> <p>Support of the public health service</p> <p>Care/advice programs</p> <p>Recommendation of quality-assured health-promoting apps and digital health applications</p> <p>Developing training curricula (everyday helpers, health guides, health &amp; me).</p> <p>Arrangement of care courses for family caregivers according to §45 SGB XI</p> <p>Innovation fund applications</p> <p>Recruitment of physicians and specialists to the region</p>	<p># Number of courses/training sessions offered</p>	<p>Increased knowledge of gaps in regional care pathways (master's theses)</p> <p>Members who are self-managing and willing to make decisions regarding their health (Shared Decision Making)</p> <p>Confidence of residents, institutions, and associations in GWMK as a new type of service provider (organisational health literacy).</p>	<p>decision making is becoming the new norm in the region)</p> <p>Actors are attuned to activated patients (willing to self-manage and make decisions)</p> <p>Improved communication between stakeholders and patients</p>	<p>embedded in the organisational culture of regional stakeholders</p> <p>Resilient and learning healthcare system that can anticipate the health needs of the population</p>
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	<p>Conduct regular interdisciplinary quality circles to address quality improvement issues.</p> <p>Collaborate with relevant stakeholders to develop regional care pathways (HF, COPD, psyche)</p>	<p># Number of quality circles/quarter</p> <p>Standardised care pathways created</p>	<p>Continuous feedback from stakeholders (primary care physicians and hospital physicians) on the care pathway</p> <p>Care pathways are regularly reviewed and revised</p>		
	<p>Member advisory board for the development of the network</p>	<p># Focus groups/consultation panels, etc. for citizen participation</p>	<p>Regional needs and sensitivities are considered</p>		